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Trail of Crumbs A Mouthful of Stars Spirit Hunger Everyday Korean: Fresh, Modern Recipes for Home Cooks Bento Box in the Heartland A Wolf's Hunger A Mountain of Crumbs The Ballad of Songbirds and Snakes (A Hunger Games Novel) A Certain Hunger House of Hunger Bread? or Crumbs? The Apprentice Hungry Milk Fed Scattered Crumbs Baking from the Heart It Was Me All Along The Twenty-Ninth Year Sweet Hush Crumbs Toast Bread Toast Crumbs The Confessions of Noa Weber Blood Is Another Word for Hunger Misfit Table Food in Memory and Imagination Missed Meal Mayhem Turtle Feet Pleased to Meet Me Introducing Kafka Service for the King Abandon Me Food Lit Odysseys of Plates and Palates: Food, Society and Sociality The Routledge Companion to Asian American and Pacific Islander Literature Going Places: A Reader's Guide to Travel Narrative The Lost Daughters of China Routledge Handbook of Korean Culture and Society The Booklover's Guide to New Orleans North of Happy

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With praise from Dorie Greenspan, Jim Lahey, and David Lebovitz, the definitive bread-baking book for a new generation. But this book isn't just about baking bread-- it's about what to do with the slices and heels and nubs from those many loaves you'll bake. Alexandra Stafford grew up eating her mother's peasant bread at nearly every meal—the recipe for which was a closely-guarded family secret. When her blog, Alexandra's Kitchen, began to grow in popularity, readers started asking how to make the bread they'd heard so much about; the bread they had seen peeking into photos. Finally, Alexandra's mother relented, and the recipe went up on the internet. It has since inspired many who had deemed bread-baking an impossibility to give it a try, and their results have exceeded expectations. The secret is in its simplicity: the no-knead dough comes together in fewer than five minutes, rises in an hour, and after a second short rise, bakes in buttered bowls. After you master the famous peasant bread, you'll work your way through its many variations, both in flavor (Cornmeal, Jalapeno, and Jack; Three Seed) and form (Cranberry Walnut Dinner Rolls; Cinnamon Sugar Monkey Bread). You'll enjoy bread's usual utilities with Food Cart Grilled Cheese and the Summer Tartine with Burrata and Avocado, but then you'll discover its true versatility when you use it to sop up Mussels with Shallot and White Wine or juicy Roast Chicken Legs. Finally, you'll find ways to savor every last bite, from Panzanella Salad Three Ways to Roasted Tomato Soup to No-Bake Chocolate-Coconut Cookies. Bread, Toast, Crumbs is a 2018 nominee for The IACP Julia Child First Book Award, and Alexandra's Kitchen was a finalist for the Saveur Blog Awards Most Inspired Weeknight Dinners 2016 We all have a desperate need for God - not just for following him or being committed to him, but to be intimately connected to him. We long for purpose, for affirmation, for attention, for nurture. But Gari Meacham writes that we fall short of being desperate for God, or we miss the longed-for romance with God we hear about in scripture. We're uncertain how to distinguish our longings from our fears. When, says Meacham, did our longings turn to hauntings? And when did we buy into the counterfeit yearnings for control, and the insecurity, perfectionism and other attitudes that quench Spirit Hunger? The answer to Spirit

Hunger is to engage God like never before. In this book Meacham shows through her story and the stories of others how to turn worry into belief, problems and heartaches into a life of intimate prayer, and sighs for intimacy into closeness with God. She discusses her discoveries about prayer including why asking is sometimes hard, how we can notice and track God's movements as we seek his answers, and why it's sometimes such a struggle to believe after we've prayed. Meacham writes, "With the authenticity of my own life stories—marriage to a professional baseball player, struggles with severe food bondage, and a father who was a quadriplegic—I came to the crisp realization that my prayer life and my belief needed to match. Spirit Hunger provides a clear path towards matching these heart cries—leading away from crumbs and counterfeit, to a hungering for God." "Kafka brought to the tradition of the great Yiddish storytellers an almost unbearably expanded consciousness. Alienated from his roots, his family, his surroundings, and primarily from his own body, Kafka created a unique literary language. David Mairowitz's brilliant text is illustrated by one of the world's greatest underground comic artists, Robert Crumb." The popular television cooking show host traces his rise from an intimidated thirteen-year-old apprentice to a famous chef, recounting his work under prestigious teachers, his journey to America, and his experiences with contemporaries. "A digital version of Crumbs was originally published on WEBTOON in 2020"--Title page verso. Anger is an energy. A young girl, a slave in the South, is presented with a moment where she can grasp for freedom, for change, for life. She grabs it with both hands, fiercely and intensely, and the spirit world is shaken. At the Publisher's request, this title is being sold without Digital Rights Management Software (DRM) applied. Elena Gorokhova's A Mountain of Crumbs is the moving story of a Soviet girl who discovers the truths adults are hiding from her and the lies her homeland lives by. Elena's country is no longer the majestic Russia of literature or the tsars, but a nation struggling to retain its power and its pride. Born with a desire to explore the world beyond her borders, Elena finds her passion in the complexity of the English language—but in the Soviet Union of the 1960s such a passion verges on the subversive. Elena is controlled by the state the same way she is controlled by her mother, a mirror image of her motherland: overbearing, protective, difficult to leave. In the battle between a strong-willed daughter and her authoritarian mother, the daughter, in the end, must break free and leave in order to survive. Through Elena's captivating voice, we learn not only the stories of Russian family life in the second half of the twentieth century, but also the story of one rebellious citizen whose curiosity and determination finally transport her to a new world. It is an elegy to the lost country of childhood, where those who leave can never return. "Even though I looked alive and vital, the hourglass measuring the aliveness of my soul was swiftly draining to the bottom. I was losing my battle to be myself. I was in my prime. My career was taking off; I was surrounded by loving friends and family. Yet it felt like time was running out." Dr. Robin L. Smith, noted psychologist, ordained minister, motivational speaker, and best-selling author of Lies at the Altar, seemed to have the perfect life, but underneath it all, she felt empty. In this powerful new work, Dr. Robin painstakingly chronicles a time when she felt at the end of her rope, unable to truly see herself or escape the unrelenting craving in her heart. Throughout her life, she had always focused on living up to everyone else's expectations, doing everything they asked—everything they recommended—in the hopes that by pleasing others she would find fulfillment and success. Instead she found herself spiritually and emotionally starved with a hungry soul begging for change. Through vivid descriptions of the symptoms of her hunger, the gnawing emptiness in her soul, and her courageous journey to discovering herself, Dr. Robin opens a window into her own experiences in order to provide insight into yours. With clarity and empathy she starts

you on a path to uncovering the real you—the you that lays beneath all the doubt, superficiality, and life crises. Dr. Robin honestly bares her soul and shares her story—plus stories of other hungry souls including her friends, clients from her psychology practice, family, and celebrities—and in the process, teaches you to recognize, survive, embrace, and conquer your own hunger. She teaches you to step into your own story so you can listen to and learn from the wisdom within. A group of silly superheroes—a bean, a chip, a tomato, and a wedge of cheddar cheese—come to the rescue of a hungry kid stuck at school in this first book in the silly and adventurous graphic novel chapter book series *The Hunger Heroes! Meet the Hunger Heroes: Toots the Bean, Chip Ninja, Tammy the Tomato, and Leonard, a wedge of cheddar cheese, ready to save kids—even cranky, annoying ones—all over the world while flying around in their taco hovercraft! It’s a typical Monday when the Hunger Heroes get the call: a kid in Ms. Sternbladder’s class missed breakfast and isn’t allowed to have snacks! How will he pass his math test, study for spelling, or play soccer at recess if his stomach is growling out of control? Hunger Heroes to the rescue! The literary tradition of New Orleans spans centuries and touches every genre; its living heritage winds through storied neighborhoods and is celebrated at numerous festivals across the city. For booklovers, a visit to the Big Easy isn’t complete without whiling away the hours in an antiquarian bookstore in the French Quarter or stepping out on a literary walking tour. Perhaps only among the oak-lined avenues, Creole town houses, and famed hotels of New Orleans can the lust of *A Streetcar Named Desire*, the zaniness of *A Confederacy of Dunces*, the chill of *Interview with the Vampire*, and the heartbreak of Walker Percy’s *Moviegoer* begin to resonate. Susan Larson’s revised and updated edition of *The Booklover’s Guide to New Orleans* not only explores the legacy of Tennessee Williams and William Faulkner, but also visits the haunts of celebrated writers of today, including Anne Rice and James Lee Burke. This definitive guide provides a key to the books, authors, festivals, stores, and famed addresses that make the Crescent City a literary destination. Set in an Iraqi village during the Iran-Iraq war, *Scattered Crumbs* critiques a totalitarian dictatorship through the stories of an impoverished peasant family. A father, a fierce supporter of Saddam Hussein - here called only the Leader - clashes with his artist son, who loves his homeland but finds himself literally unable to paint the Leader’s portrait for his father’s wall. The novel evokes the deterioration both of the country and of the individual characters caught up in the maelstrom. *Scattered Crumbs* was first published in Arabic in Cairo in 2000. This translation captures the subtle sarcasm of the original text and its elliptical rhythms. “I loved this sexy romance with the fascinating characters as well as the twisty and wild plot. This is a perfect read by the fire with a nice glass of wine.”*

~New York Times Bestselling Author Rebecca Zanetti Can an alpha wolf catch a thief who bends the laws of physics? Wolf shifter and billionaire Arek Varg runs a security company specializing in bodyguards, extraction teams, and hostage rescue. He’s also the alpha of all the Western Packs and uses his ancient Odin medallion to connect with his packs’ magic and lead his wolves as a cohesive unit. With war brewing between the four major shifter coalitions, the last thing he needs is a mysterious woman stealing his relic. He’ll use all of his resources to hunt her down. And if he does, will she tame him? Former museum curator Dr. Laney Marconi was the darling of the magical artifacts’ academic world until she fell from grace due to a scandal based on false accusations. She now reclaims stolen items for insurance companies, using her witch powers that manipulate parallel dimensions. When a routine case turns into a disaster of epic proportions, she needs to evade the sexy shifter she stole from long enough to figure out who set her up. The hunt is on. But with Arek hot on her heels, Laney is forced to decide if salvaging the few crumbs left of her good reputation is worth teaming up with the alpha wolf whose ice-

blue gaze pierces her shields while he demands nothing less than her soul. If you're a fan of these themes, you'll love A WOLF'S HUNGER: -> Fated Mates -> Billionaire Alpha Wolf Hero -> Headstrong Smart Witch Heroine -> Enemies to Lovers -> Sizzling Chemistry that Burns Up the Sheets Praise for the author's work: "When it comes to paranormal romance with explosive action scenes, Bradley has that nailed." ~Entertainment Weekly "Action-packed, sexy, and fun! ...reminiscent of JR Ward." ~Ilona Andrews, #1 New York Times Bestselling Author "The romance is sizzling, the battle scenes top-notch, and the characters intriguing." ~Booklist "...blends Norse mythology and evil government experiments into an unusual paranormal...perfect for paranormal romance readers who are looking for something different." ~Publishers Weekly From Adi Alsaid, the acclaimed author of Let's Get Lost, Never Always Sometimes, and We Didn't Ask for This What do you do when you want to run away — but you end up finding yourself? A dual citizen of Mexico and the United States, Carlos Portillo is happy to follow the well-worn path to a future of comfort and ease in Mexico City that's been planned for him since birth. But when his older brother Felix—who defied their parents to live a life of adventure—is tragically killed, Carlos is determined to live out his own dreams for the both of them. He escapes to San Juan Island off the coast of Washington state and gets a job with a celebrity chef he's admired from afar for years. But while things are coming together for him in the kitchen, a forbidden romance with his boss's daughter could end his career before it even begins. Finally living for himself, Carlos learns that reality doesn't come with a road map to an easy life — but does finding your true path mean following your head? Or your heart? "An exceptional tale of grief, ambition, love, and maturity."—Kirkus Reviews, starred review A YALSA Best Fiction for Young Adult nominee A Bank Street Best Children's Book of the Year A TAYSHAS Reading List Book Ambition will fuel him. Competition will drive him. But power has its price. It is the morning of the reaping that will kick off the tenth annual Hunger Games. In the Capitol, eighteen-year-old Coriolanus Snow is preparing for his one shot at glory as a mentor in the Games. The once-mighty house of Snow has fallen on hard times, its fate hanging on the slender chance that Coriolanus will be able to outcharm, outwit, and outmaneuver his fellow students to mentor the winning tribute. The odds are against him. He's been given the humiliating assignment of mentoring the female tribute from District 12, the lowest of the low. Their fates are now completely intertwined - every choice Coriolanus makes could lead to favor or failure, triumph or ruin. Inside the arena, it will be a fight to the death. Outside the arena, Coriolanus starts to feel for his doomed tribute . . . and must weigh his need to follow the rules against his desire to survive no matter what it takes. To coincide with the release of a major film adaptation, a new edition of Nigel Slater's much-loved and acclaimed memoir. TOAST is Nigel Slater's truly extraordinary story of a childhood remembered through food. Whether relating his mother's ritual burning of the toast, his father's dreaded Boxing Day stew or such culinary highlights of the day as Arctic Roll and Grilled Grapefruit (then considered something of a status symbol in Wolverhampton) this remarkable memoir vividly recreates daily life in sixties suburban England. His mother was a chops-and-peas sort of cook, exasperated by the highs and lows of a temperamental AGA, a finicky little son and the asthma that was to prove fatal. His father was a honey-and-crumpets man who could occasionally go off 'crack' like a gun. When Nigel's widowed father takes on a housekeeper with social aspirations and a talent in the kitchen, the following years become a heartbreaking cooking contest for his father's affections. But as he slowly loses the battle, Nigel finds a new outlet for his culinary talents, and we witness the birth of what was to become a lifelong passion for food. Nigel's likes and dislikes, aversions and sweet-toothed weaknesses form a fascinating and amusing backdrop to this incredibly moving and deliciously evocative

memoir of childhood, adolescence and sexual awakening. The Routledge Companion to Asian American and Pacific Islander Literature offers a general introduction as well as a range of critical approaches to this important and expanding field. Divided into three sections, the volume: Introduces "keywords" connecting the theories, themes and methodologies distinctive to Asian American Literature Addresses historical periods, geographies and literary identities Looks at different genre, form and interdisciplinarity With 41 essays from scholars in the field this collection is a comprehensive guide to a significant area of literary study for students and teachers of Ethnic American, Asian diasporic and Pacific Islander Literature. Contributors: Christine Bacareza Balance, Victor Bascara, Leslie Bow, Joshua Takano Chambers-Letson, Tina Chen, Anne Anlin Cheng, Mark Chiang, Patricia P. Chu, Robert Diaz, Pin-chia Feng, Tara Fickle, Donald Goellnicht, Helena Grice, Eric Hayot, Tamara C. Ho, Hsuan L. Hsu, Mark C. Jerng, Laura Hyun Yi Kang, Daniel Y. Kim, Jodi Kim, James Kyung-Jin Lee, Rachel C. Lee, Jinqi Ling, Colleen Lye, Sean Metzger, Susette Min, Susan Y. Najita, Viet Thanh Nguyen, erin Khuê Ninh, Eve Oishi, Josephine Nock-Hee Park, Steven Salaita, Shu-mei Shi, Rajini Srikanth, Brian Kim Stefans, Erin Suzuki, Theresa Tensuan, Cynthia Tolentino, Thuy Linh Nguyen Tu, Eleanor Ty, Traise Yamamoto, Timothy Yu. "A very wise book, and it is written in the most beautiful, precise and definitive prose." -La Nirgad, Ha'aretz Literary Supplement "Sometimes one had the experience of reading a book and just falling in love with it-because it is so well written, so moving, and it gets into your soul. That was my experience when I read The Confessions of Noa Weber ." -Eleonora Lev, Ha'aretz Acclaimed middle-aged writer Noa Weber-acclaimed both as a writer and as one of Israel's leading feminists-has all the trappings of a successful "feminist" life: She has a strong career, a wonderful daughter she raised alone, and she's a respected cultural figure. Yet her interior life is inextricably bound by her love for a man-Alek, a Russian ÉmigrÉ and the father of her child, who, over the years, has drifted in and out of her life. Trying to understand-as well as free herself from-this lifelong obsession, Noa turns her pen upon herself, and with relentless honesty dissects her life. Against the evocative setting of turbulent, modern-day Israel, the examination becomes a quest-to transform the nature of her love from irrational desire to a greater, transcendent comprehension of the sublime. The Confessions of Noa Weber introduces to the English-speaking world a startlingly talented writer in a rich tale that illuminates the desires, yearnings, and complexities of life in Israel, and of people trying to balance the needs of the secular world with the ultimate need and desire for transcendence. Gail Hareven is one of Israel's leading writers; the author of five novels, three short story collections, plays, a nonfiction book, and two children's books; and the winner of the prestigious Sapir Prize for The Confessions of Noa Weber . She teaches writing and feminist theory in Jerusalem. This is her first book to be translated into English. In 1997 journalist Karin Evans walked into an orphanage in southern China and met her new daughter, a beautiful one-year-old baby girl. In this fateful moment Evans became part of a profound, increasingly common human drama that links abandoned Chinese girls with foreigners who have traveled many miles to complete their families. At once a compelling personal narrative and an evocative portrait of contemporary China, The Lost Daughters of China has also served as an invaluable guide for thousands of readers as they navigated the process of adopting from China. However, much has changed in terms of the Chinese government's policies on adoption since this book was originally published and in this revised and updated edition Evans addresses these developments. Also new to this edition is a riveting chapter in which she describes her return to China in 2000 to adopt her second daughter who was nearly three at the time. Many of the first girls to be adopted from China are now in the teens (China only opened its doors to adoption in the 1990s), and this edition includes accounts of their

experiences growing up in the US and, in some cases, of returning to China in search of their roots. Illuminating the real-life stories behind the statistics, *The Lost Daughters of China* is an unforgettable account of the red thread that winds from China's orphanages to loving families around the globe. Already hailed as "brave, emotional, and gorgeously written" by Frances Mayes and "like a piece of dark chocolate -- bittersweet, satisfying, and finished all too soon" by Laura Fraser, author of *An Italian Affair*, this is a unique memoir about the search for identity through love, hunger, and food. Jim Harrison says, "Trail of Crumbs reminds me of what heavily costumed and concealed waifs we all are. Kim Sunv©e tells us so much about the French that I never learned in 25 trips to Paris, but mostly about the terrors and pleasure of that infinite octopus, love. A fine book." When Kim Sunv©e was three years old, her mother took her to a marketplace, deposited her on a bench with a fistful of food, and promised she'd be right back. Three days later a policeman took the little girl, clutching what was now only a fistful of crumbs, to a police station and told her that she'd been abandoned by her mother. Fast-forward almost 20 years and Kim's life is unrecognizable. Adopted by a young New Orleans couple, she spends her youth as one of only two Asian children in her entire community. At the age of 21, she becomes involved with a famous French businessman and suddenly finds herself living in France, mistress over his houses in Provence and Paris, and stepmother to his eight year-old daughter. Kim takes readers on a lyrical journey from Korea to New Orleans to Paris and, along the way serving forth her favorite recipes. A love story at heart, this memoir is about the search for identity and a book that will appeal to anyone who is passionate about love, food, travel, and the ultimate search for self. Too often the world speaks words of harm, and too often we believe them--and so we live stories God never intended for us. Yet God longs to rewrite and redeem your story. Tiffini Kilgore, founder of the lifestyle and design boutique House of Belonging, grew up in a broken home before marrying at the tender age of sixteen. Years later, divorced and with three small children, she remarried. The seasons that followed brought two more children, another broken marriage, chronic disease, major surgeries, and cycles of abuse--leaving Tiffini feeling alone and unloved. Hungry for healing and a safe space, Tiffini began seeking Jesus through journaling and soon found bread crumbs of grace leading her down a new path. There, she found a rich table set for misfits just like her--a place of nourishment and restoration. Where she was fed lies of worthlessness, God fed her truth that she was his treasured daughter. Where she was told she was a helpless victim, God offered her the cup of his strength. Where she once held an empty future, God gave her hope and a fresh start. In cultivating an ongoing dialogue with her Abba Father, God transformed Tiffini's pain into passion, and ultimately, fierce belonging. Tiffini writes as a modern-day mystic, with lyrical force and deep tending of the soul, in this book for anyone who has ever felt out of place or at odds in the world. Each chapter features compelling narrative as well as a poignant response from "Papa" God as Tiffini calls him, and the result is a stirring invitation to come home to where you belong. Come and sit, take and eat, and join the battle cry to take God at his word. How do we engage with food through memory and imagination? This expansive volume spans time and space to illustrate how, through food, people have engaged with the past, the future, and their alternative presents. Beth M. Forrest and Greg de St. Maurice have brought together first-class contributions, from both established and up-and-coming scholars, to consider how imagination and memory intertwine and sometimes diverge. Chapters draw on cases around the world-including Iran, Italy, Japan, Kenya, and the US-and include topics such as national identity, food insecurity, and the phenomenon of knowledge. Contributions represent a range of disciplines, including anthropology, history, philosophy, psychology, and sociology. This volume is a veritable feast for the contemporary food studies scholar.

Her Harvard-student son just eloped with the First Daughter. CNN is parked on the road to her apple orchards. Secret Service agents have commandeered her country kitchen. The irate First Parents are threatening to have her taxes audited. The President's handsome, tough, ex-military nephew is setting up camp in her guest room. Hush McGillan's quiet Appalachian world of heirloom apples, country festivals, and carefully guarded family secrets has just been flipped like one of her famous Sweet Hush Apple Turnovers. What do you do when your brand-new-in-laws are the First Family, and they don't like you any more than you like them? And what happens next when you find yourself falling in love with the man they sent to unearth all your secrets? From the White House to the apple house, from humor to tears and sorrow to laughter, get ready to fall in love with Sweet Hush. WANTED: A bloodmaid of exceptional taste. Must have a keen proclivity for life's finer pleasures. Girls of weak will need not apply. A young woman is drawn into the upper echelons of a society where blood is power, in this dark and enthralling Gothic novel from the author of The Year of the Witching. Marion Shaw has been raised in the slums, where want and deprivation are all she knows. Despite longing to leave the city and its miseries, she has no real hope of escape until the day she spots a strange advertisement in the newspaper, seeking a 'bloodmaid'. Though she knows little about the far north - where wealthy nobles live in luxury and drink the blood of those in their service - Marion applies to the position. In a matter of days, she finds herself at the notorious House of Hunger. There, Marion is swept into a world of dark debauchery - and there, at the centre of it all is her. Her name is Countess Lisavet. Loved and feared in equal measure, she presides over this hedonistic court. And she takes a special interest in Marion. Lisavet is magnetic, charismatic, seductive - and Marion is eager to please her new mistress. But when her fellow bloodmaids begin to go missing in the night, Marion is thrust into a vicious game of cat and mouse. She'll need to learn the rules of her new home - and fast - or its halls will soon become her grave. This anthology of sermons is compiled from a sixty-year practice of preaching. Reuben Swanson's "prophetic poetic prose, as it has been called, has developed through the faithful discipline of preparing written sermons. Readers will travel through the Christian year surprised and blessed by sermons from Advent, Christmas, Epiphany, and Pentecost. Named One of the Best Books of the year by: Esquire, Refinery29, BookRiot, Medium, Electric Literature, The Brooklyn Rail, Largehearted Boy, The Coil and The Cut. Winner of the Lambda Literary Jeanne Cordova Prize for Lesbian/Queer Nonfiction Finalist, Lambda Literary Award for Lesbian Memoir/Biography Finalist, Publishing Triangle's Judy Grahn Award for Lesbian Nonfiction An Indie Next Pick For readers of Maggie Nelson and Leslie Jamison, a fierce and dazzling personal narrative that explores the many ways identity and art are shaped by love and loss. In her critically acclaimed memoir, Whip Smart, Melissa Febos laid bare the intimate world of the professional dominatrix, turning an honest examination of her life into a lyrical study of power, desire, and fulfillment. In her dazzling Abandon Me, Febos captures the intense bonds of love and the need for connection -- with family, lovers, and oneself. First, her birth father, who left her with only an inheritance of addiction and Native American blood, its meaning a mystery. As Febos tentatively reconnects, she sees how both these lineages manifest in her own life, marked by compulsion and an instinct for self-erasure. Meanwhile, she remains closely tied to the sea captain who raised her, his parenting ardent but intermittent as his work took him away for months at a time. Woven throughout is the hypnotic story of an all-consuming, long-distance love affair with a woman, marked equally by worship and withdrawal. In visceral, erotic prose, Febos captures their mutual abandonment to passion and obsession -- and the terror and exhilaration of losing herself in another. At once a fearlessly vulnerable memoir and an incisive investigation of art, love, and

identity, *Abandon Me* draws on childhood stories, religion, psychology, mythology, popular culture, and the intimacies of one writer's life to reveal intellectual and emotional truths that feel startlingly universal. A Most-Anticipated Selection by Vogue * Refinery29 * Vulture * BuzzFeed * Harper's Bazaar * O, The Oprah Magazine * The Millions * Literary Hub * The Rumpus * Publishers Weekly and more A scathingly funny, wildly erotic, and fiercely imaginative story about food, sex, and god from the acclaimed author of *The Pisces* and *So Sad Today*. Rachel is twenty-four, a lapsed Jew who has made calorie restriction her religion. By day, she maintains an illusion of existential control, by way of obsessive food rituals, while working as an underling at a Los Angeles talent management agency. At night, she pedals nowhere on the elliptical machine. Rachel is content to carry on subsisting—until her therapist encourages her to take a ninety-day communication detox from her mother, who raised her in the tradition of calorie counting. Early in the detox, Rachel meets Miriam, a zaftig young Orthodox Jewish woman who works at her favorite frozen yogurt shop and is intent upon feeding her. Rachel is suddenly and powerfully entranced by Miriam—by her sundaes and her body, her faith and her family—and as the two grow closer, Rachel embarks on a journey marked by mirrors, mysticism, mothers, milk, and honey. Pairing superlative emotional insight with unabashed vivid fantasy, Broder tells a tale of appetites: physical hunger, sexual desire, spiritual longing, and the ways that we as humans can compartmentalize these so often interdependent instincts. *Milk Fed* is a tender and riotously funny meditation on love, certitude, and the question of what we are all being fed, from one of our major writers on the psyche—both sacred and profane. Accessible Korean cooking with a modern twist. The backbone of Korean cuisine, *jang*, has a flavor not found anywhere else in the world. The cuisine's combination of savory, sweet, salty, and spicy flavors makes it uniquely delicious, yet there are few resources for those who wish to enjoy it at home. Until now. These recipes, packed with Korean flavors and cooking techniques, will open the door for readers unfamiliar with the cuisine. Who can resist dishes such as: Traditional and Modern Bulgogi Kimchi-Bacon Mac and Cheese Silky Sweet Potato Noodles (Japchae) Plus kimchis, sauces, teas, sweets, soju cocktails, and more Beautifully photographed, with tips for building a Korean pantry, drink pairings (from soju to microbrews), and menu ideas, *Everyday Korean* is the ultimate guide to one of the world's most unique and delicious cuisines. Wild, lyrical poems that examine the connections between physical and interior migration, from award-winning Palestinian American poet, novelist, and clinical psychologist Hala Alyan, author of *Salt Houses*. A yet heartbreakingly honest, endearing memoir of incredible weight loss by a young food blogger who battles body image issues and overcomes food addiction to find self-acceptance. All her life, Andie Mitchell had eaten lustily and mindlessly. Food was her babysitter, her best friend, her confidant, and it provided a refuge from her fractured family. But when she stepped on the scale on her twentieth birthday and it registered a shocking 268 pounds, she knew she had to change the way she thought about food and herself; that her life was at stake. *It Was Me All Along* takes Andie from working class Boston to the romantic streets of Rome, from morbidly obese to half her size, from seeking comfort in anything that came cream-filled and two-to-a-pack to finding balance in exquisite (but modest) bowls of handmade pasta. This story is about much more than a woman who loves food and abhors her body. It is about someone who made changes when her situation seemed too far gone and how she discovered balance in an off-kilter world. More than anything, though, it is the story of her finding beauty in acceptance and learning to love all parts of herself. An essential tool for assisting leisure readers interested in topics surrounding food, this unique book contains annotations and read-alikes for hundreds of nonfiction titles about the joys of comestibles and cooking. Food

Lit: A Reader's Guide to Epicurean Nonfiction provides a much-needed resource for librarians assisting adult readers interested in the topic of food--a group that is continuing to grow rapidly. Containing annotations of hundreds of nonfiction titles about food that are arranged into genre and subject interest categories for easy reference, the book addresses a diversity of reading experiences by covering everything from foodie memoirs and histories of food to extreme cuisine and food exposés. Author Melissa Stoeger has organized and described hundreds of nonfiction titles centered on the themes of food and eating, including life stories, history, science, and investigative nonfiction. The work emphasizes titles published in the past decade without overlooking significant benchmark and classic titles. It also provides lists of suggested read-alikes for those titles, and includes several helpful appendices of fiction titles featuring food, food magazines, and food blogs. The acclaimed author of Trail of Crumbs shares recipes and stories from her many culinary adventures in this beautifully illustrated cookbook. From Seoul to New Orleans, Provence, and beyond, Kim Sunee has spent her life exploring the world and its many cuisines. In A Mouthful of Stars, she shares her interpretation of some of her favorite recipes and cooking discoveries from her many travels. Recipes range from Tuscan crostini di fegatini to Louisiana dirty rice, traditional North African dishes, and favorites from the years she spent in Provence and Paris. Each one tells a story of discovery and new horizons, of cherished togetherness, or replenishing solitude. A Mouthful of Stars is a culinary journey celebrating the author's time in many lands and cooking in many kitchens. A brilliantly colorful memoir of becoming a monk and a young man's spiritual journey in India. Nikolai Grozni, a Boston jazz piano prodigy struck by spiritual ennui, suddenly abandoned 15 years of music studies to seek out the Dalai Lama's university in India, where he began his quest for the ultimate truth. Instead of finding answers, Grozni fell in with an unusual cast of characters, and struggled with Buddhist logic and with the many small challenges to life as a monk in a community of Tibetan refugees. Turtle Feet is his bittersweet and funny memoir about the search for higher power, and the discovery of oneself amidst teeming, chaotic, and glorious humanity. Successfully navigate the rich world of travel narratives and identify fiction and nonfiction read-alikes with this detailed and expertly constructed guide. The Routledge Handbook of Korean Culture and Society is an accessible and interdisciplinary resource that explores the formation and transformation of Korean culture and society. Each chapter provides a comprehensive and thought-provoking overview on key topics, including: compressed modernity, religion, educational migration, social class and inequality, popular culture, digitalisation, diasporic cultures and cosmopolitanism. These topics are thoroughly explored by an international team of Korea experts, who provide historical context, examine key issues and debates, and highlight emerging questions in order to set the research agenda for the near future. Providing an interdisciplinary overview of Korean culture and society, this Handbook is an essential read for undergraduate and postgraduate students, as well scholars in Korean Studies, Cultural Studies, Sociology, Anthropology, and Asian Studies in general. Fifty of America's finest bakers showcase one hundred of their favorite recipes--along with anecdotes about each--in a cookbook designed to benefit one of the nation's leading hunger-fighting organizations. Why are you attracted to a certain "type?" Why are you a morning person? Why do you vote the way you do? From a witty new voice in popular science comes a clever, life-changing look at what makes you you. "I can't believe I just said that." "What possessed me to do that?" "What's wrong with me?" We're constantly seeking answers to these fundamental human questions, and now, science has the answers. The foods we enjoy, the people we love, the emotions we feel, and the beliefs we hold can all be traced back to our DNA, germs, and environment. This witty, colloquial book is popular science

at its best, describing in everyday language how genetics, epigenetics, microbiology, and psychology work together to influence our personality and actions. Mixing cutting-edge research and relatable humor, Pleased to Meet Me is filled with fascinating insights that shine a light on who we really are--and how we might become our best selves. The syndicated food columnist blends childhood memories, food, and cultural identity in a memoir revealing what life was like in the 1960s for the only Asian American family living in the farming community of Versailles, Indiana.

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